



NEWS RELEASE

# Fully insured medical claims analysis shows significant cost savings and 2.4x ROI for Hinge Health populations

2025-06-10

Methodology validated by leading global benefits consultant

SAN FRANCISCO--(BUSINESS WIRE)-- Hinge Health, Inc. (NYSE: HNGE) today announced results from a medical claims **analysis** revealing an average \$2,343 savings per member per year on care for chronic musculoskeletal (MSK) conditions and a 2.4x return on investment (ROI) for fully insured health plan members using its digital MSK platform. The methodology of the medical claims analysis of 4,788 health plan members was validated by Gallagher, a leading global insurance brokerage, risk management, and consulting firm.

MSK costs remain **one of the top drivers** of health costs, placing increasing pressure on benefits leaders to ensure programs deliver value and cost-efficiency. The medical claims analysis examined the impact of Hinge Health on medical care costs and utilization among participants enrolled in fully insured health plans. The study found meaningful cost savings from reduced utilization across a spectrum of healthcare services, including injections and physical or occupational therapy, with the majority of claims reductions (44%) coming from avoided surgeries.

“Employers today face tremendous pressure to contain costs without sacrificing the quality of employee benefits,” said Jim Pursley, President, Hinge Health. “This analysis proves that health plans can deliver better health outcomes and an outstanding member experience with Hinge Health, while driving down healthcare spend.”

The analysis leveraged a claims database that represented more than 100 million commercially insured lives from

January 1, 2017 to September 30, 2023. To estimate savings, the study compared medical cost and utilization between Hinge Health participants and a matched control group between a baseline year and the 12 months after Hinge Health members started care.

This new analysis builds upon previous cost analysis studies that demonstrate the cost-savings that Hinge Health provides. Hinge Health's digital MSK platform has consistently shown a financial benefit of more than 2x ROI across industries and participant demographics through multiple third-party validations, including a **multi-employer study** and **Medicare population** evaluation.

## About Hinge Health

Hinge Health is focused on scaling and automating the delivery of health care, starting with musculoskeletal conditions. Leveraging an AI-powered care model, wearable device, and access to expert clinicians, Hinge Health delivers personalized, evidence-based care that helps people move beyond pain, improving member outcomes and experiences and reducing costs for clients. The company is headquartered in San Francisco, California.

**[media@hingehealth.com](mailto:media@hingehealth.com)**

Source: Hinge Health, Inc.