



NEWS RELEASE

DATE: September 26, 2019

XENIA HOTELS & RESORTS ANNOUNCES TIMING OF THIRD QUARTER 2019 EARNINGS RELEASE AND CONFERENCE CALL

Orlando, FL – September 26, 2019 – Xenia Hotels & Resorts, Inc. (NYSE: XHR) (“Xenia” or the “Company”) will report financial results for the third quarter 2019 before the market opens on Thursday, October 31, 2019. Management will discuss the Company's third quarter results and outlook during a conference call at 1:00 pm (Eastern Time) that day.

To participate in the conference call, please follow the steps listed below:

Thursday, October 31, 2019, dial (855) 656-0921 (toll international: (412) 542-4169) approximately ten minutes before the call begins;

Tell the operator that you are calling for Xenia Hotels and Resorts’ Third Quarter 2019 Earnings Conference Call;

State your full name and company affiliation and you will be connected to the call.

For those unable to listen to the call live, a replay will be available one hour after the end of the conference call. To access the replay, dial (877) 344-7529, access code 10135295.

A live webcast of the earnings call will also be available through the Company's website. To access, log on to www.xeniareit.com ten minutes prior to the call. A replay of the conference call webcast will be archived and available online for 90 days through the Investor Relations section of www.xeniareit.com.

About Xenia Hotels & Resorts, Inc.

Xenia Hotels & Resorts, Inc. is a self-advised and self-administered REIT that invests primarily in uniquely positioned luxury and upper upscale hotels and resorts, with a focus on the top 25 U.S. lodging markets as well as key leisure destinations in the United States. The Company owns 40 hotels comprising 11,167 rooms across 17 states. Xenia’s hotels are primarily in the luxury and upper upscale segments, and operated and/or licensed by industry leaders such as Marriott, Hyatt, Kimpton, Fairmont, Loews, and Hilton, as well as leading independent management companies including The Kessler Collection, Sage Hospitality, and Davidson Hotels & Resorts. For more information on Xenia’s business, refer to the Company website at www.xeniareit.com.

Contact:

Lisa Ramey, Vice President Finance, Xenia Hotels & Resorts, (407) 246-8100

*For additional information or to receive press releases via email, please visit our website at
www.xeniareit.com*

###