



NEWS RELEASE

DATE: October 2, 2018

XENIA HOTELS & RESORTS ANNOUNCES TIMING OF THIRD QUARTER 2018 EARNINGS RELEASE AND CONFERENCE CALL

Orlando, FL – October 2, 2018 – Xenia Hotels & Resorts, Inc. (NYSE: XHR) (“Xenia” or the “Company”) will report financial results for the third quarter 2018 before the market opens on Monday, November 5, 2018. Management will discuss the Company's third quarter results and outlook during a conference call at 11:00 am (Eastern Time) that day.

To participate in the conference call, please follow the steps listed below:

Monday, November 5, 2018, dial (855) 656-0921 (toll international: (412) 542-4169) approximately ten minutes before the call begins;

Tell the operator that you are calling for Xenia Hotels and Resorts' Third Quarter 2018 Earnings Conference Call;

State your full name and company affiliation and you will be connected to the call.

For those unable to listen to the call live, a replay will be available one hour after the end of the conference call. To access the replay, dial (877) 344-7529, access code 10124308.

A live webcast of the earnings call will also be available through the Company's website. To access, log on to www.xeniareit.com ten minutes prior to the call. A replay of the conference call webcast will be archived and available online for 90 days through the Investor Relations section of www.xeniareit.com.

About Xenia Hotels & Resorts, Inc.

Xenia Hotels & Resorts, Inc. is a self-advised and self-administered REIT that invests primarily in premium full service and lifestyle hotels, with a focus on the top 25 U.S. lodging markets as well as key leisure destinations in the United States. The Company owns 40 hotels, including 38 wholly owned hotels, comprising 11,239 rooms, across 17 states and the District of Columbia. Xenia's hotels are primarily in the luxury and upper upscale segments, and operated and/or licensed by industry leaders such as Marriott®, Hyatt®, Kimpton®, Fairmont®, Hilton®, and Loews®, as well as leading independent management companies including Sage Hospitality, The Kessler Collection, Urgo Hotels & Resorts, and Davidson Hotels & Resorts. For more information on Xenia's business,

refer to the Company website at www.xeniareit.com.

Contact:

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*For additional information or to receive press releases via email, please visit our website at
www.xeniareit.com*

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