



United Natural Foods, Inc. Announces Analyst Day Presentation

October 14, 2014

PROVIDENCE, R.I.--(BUSINESS WIRE)--Oct. 14, 2014-- United Natural Foods, Inc. (Nasdaq: UNFI) (the "Company") today announced that on Tuesday, October 21, 2014, the Company will host an analyst day with members of the senior management team in Montgomery, NY. The presentation will begin at 9:30 a.m. EDT.

The audio webcast of the presentation will be available to the public, on a listen-only basis, via the Internet at the Investors section of the Company's website at www.unfi.com. The online archive of the webcast will be available on the Company's website for 90 days.

About United Natural Foods

United Natural Foods, Inc. (<http://www.unfi.com>) carries and distributes more than 80,000 products to more than 40,000 customer locations throughout the United States and Canada. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Fortune in 2012 as one of its "Most Admired American Companies", and chosen by Food Logistics Magazine as one of its 2012 Top 20 Green Providers.

For more information on United Natural Foods, Inc., visit the Company's website at www.unfi.com.

Source: United Natural Foods, Inc.

United Natural Foods, Inc.

Mark Shamber, 401-528-8634

Chief Financial Officer

or

ICR

Katie Turner, 646-277-1228

General Information