



United Natural Foods to Host Hybrid Annual Meeting of Stockholders on December 18, 2013

December 4, 2013

PROVIDENCE, R.I.--(BUSINESS WIRE)--Dec. 4, 2013-- United Natural Foods, Inc. (Nasdaq: UNFI) (the "Company") is scheduled to hold its Annual Meeting of Stockholders on Wednesday, December 18, 2013 at 11:00 a.m. eastern standard time at the Providence Marriot Downtown, 1 Orms Street, Providence, Rhode Island and on the Internet through a virtual web conference at www.virtualshareholdermeeting.com/unfi2013. The matters to be voted on at the meeting are set forth in UNFI's Proxy Statement, which was filed with the U.S. Securities and Exchange Commission on November 6, 2013.

UNFI stockholders of record at the close of business on October 21, 2013 will be entitled to attend the meeting. Any UNFI stockholder who received a Notice of Proxy or a proxy voting card will be able to enter the virtual conference by using the dedicated 12-digit access proxy control number included in the proxy materials they received. Once in the shareholder meeting, UNFI stockholders can hear the live meeting and cast their vote or ask questions at the appropriate times during the meeting.

Please allow at least 10 minutes prior to the event to visit the website and download the necessary software if you intend to participate in the virtual web conference portion of the Annual Meeting.

A webcast replay of the annual meeting will be available until January 1, 2014.

About United Natural Foods

United Natural Foods, Inc. (<http://www.unfi.com>) carries and distributes more than 65,000 products to more than 31,000 customer locations throughout the United States and Canada. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Fortune in 2006 - 2010 and 2012 as one of its "Most Admired Companies," winner of the Supermarket News 2008 Sustainability Excellence Award, recognized by the Nutrition Business Journal for its 2009 Environment and Sustainability Award and chosen by Food Logistics Magazine as one of its 2012 Top 20 Green Providers.

Source: United Natural Foods, Inc.

United Natural Foods, Inc.
Mark Shamber
Chief Financial Officer
401-528-8634
or
ICR
Katie Turner
646-277-1228