



United Natural Foods to Present at the Goldman Sachs US Emerging / SMID Cap Growth Conference

October 31, 2013

PROVIDENCE, R.I.--(BUSINESS WIRE)--Oct. 31, 2013-- United Natural Foods, Inc. (Nasdaq: UNFI) (the "Company") today announced that Steven Spinner, President and Chief Executive Officer, and Mark Shamber, Senior Vice President, Chief Financial Officer and Treasurer, will present at the Goldman Sachs US Emerging / SMID Cap Growth Conference on Thursday, November 14, 2013 at 11:20 am ET in New York, NY.

The presentation will be available to interested parties via a live audio webcast. The webcast can be found at the investor relations section of the Company's website at www.unfi.com, via the "Investor Overview" link. A replay of the webcast will be archived online through Thursday, November 28, 2013.

About United Natural Foods

United Natural Foods, Inc. (<http://www.unfi.com>) carries and distributes more than 65,000 products to more than 31,000 customer locations throughout the United States and Canada. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Fortune in 2006 - 2010 and 2012 as one of its "Most Admired Companies," winner of the Supermarket News 2008 Sustainability Excellence Award, recognized by the Nutrition Business Journal for its 2009 Environment and Sustainability Award and chosen by Food Logistics Magazine as one of its 2012 Top 20 Green Providers.

Source: United Natural Foods, Inc.

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