



United Natural Foods Scheduled to Present at Bank of America Merrill Lynch 2013 Consumer & Retail Conference on Tuesday, March 12, 2013

March 11, 2013

PROVIDENCE, R.I., March 11, 2013 /PRNewswire/ -- United Natural Foods, Inc. (Nasdaq: UNFI) (the "Company") today announced that Sean Griffin, Senior Vice President and Group President, and Mark Shamber, Senior Vice President, Chief Financial Officer and Treasurer, are scheduled to present at 8:30 am EDT on Tuesday, March 12, 2013 at the Bank of America Merrill Lynch 2013 Consumer & Retail Conference in New York City.

The presentation will be available to interested parties via a live audio webcast. The webcast can be found at the investor relations section of the Company's website at www.unfi.com, via the "Investor Overview" link. A replay of the webcast will be archived online through Tuesday June 11, 2013.

About United Natural Foods

United Natural Foods, Inc. (<http://www.unfi.com>) carries and distributes more than 65,000 products to more than 27,000 customer locations throughout the United States and Canada. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Fortune in 2006 - 2010 and 2012 as one of its "Most Admired Companies," winner of the Supermarket News 2008 Sustainability Excellence Award, recognized by the Nutrition Business Journal for its 2009 Environment and Sustainability Award and chosen by Food Logistics Magazine as one of its 2012 Top 20 Green Providers.

SOURCE United Natural Foods, Inc.

AT THE COMPANY - Mark Shamber, Chief Financial Officer, +1-401-528-8634; or FINANCIAL RELATIONS BOARD - Joseph Calabrese, General Information, +1-212-827-3772