



United Natural Foods to Host Virtual Annual Meeting of Stockholders on December 12, 2012

December 5, 2012

PROVIDENCE, R.I., Dec. 5, 2012 /PRNewswire/ -- United Natural Foods, Inc. (Nasdaq: UNFI) is scheduled to hold its Annual Meeting of Stockholders on Wednesday, December 12, 2012 at 4:00 p.m. eastern standard time on the Internet through a virtual web conference at www.virtualshareholdermeeting.com/unfi2012. The matters to be voted on at the meeting are set forth in UNFI's Proxy Statement which was filed with the U.S. Securities and Exchange Commission on November 2, 2012.

UNFI stockholders of record at the close of business on October 19, 2012 will be entitled to attend the virtual meeting. Any UNFI stockholder who received a Notice of Proxy or a proxy voting card will be able to enter the virtual conference by using the dedicated 12-digit access proxy control number included in the proxy materials they received. Once in the virtual shareholder meeting, UNFI stockholders can hear the live webcast, cast their vote, and ask questions online during the meeting.

Please allow at least 10 minutes, prior to the event, to visit the site and download the necessary software to listen to the Internet broadcast.

A webcast replay of the annual meeting will be available until December 12, 2013.

About United Natural Foods

United Natural Foods, Inc. (<http://www.unfi.com>) carries and distributes more than 65,000 products to more than 27,000 customer locations throughout the United States and Canada. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Fortune in 2006 – 2010 and 2012 as one of its "Most Admired Companies," winner of the Supermarket News 2008 Sustainability Excellence Award, recognized by the Nutrition Business Journal for its 2009 Environment and Sustainability Award and chosen by Food Logistics Magazine as one of its 2012 Top 20 Green Providers.

For more information on United Natural Foods, Inc., visit the Company's website at www.unfi.com.

SOURCE United Natural Foods, Inc.

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