



United Natural Foods to Host 2009 Financial Analyst Day on June 23, 2009 in York, PA

June 16, 2009

DAYVILLE, Conn., June 16 /PRNewswire-FirstCall/ -- United Natural Foods, Inc., (the "Company") (Nasdaq: UNFI), the largest wholesale distributor to the natural and organic industry in the United States, will host its 2009 Financial Analyst Day on June 23, 2009 in York, Pennsylvania beginning at 12:00 pm ET. UNFI's executive team will present an overview of the Company's strategy, key business initiatives and financial goals and the event will conclude with a tour of UNFI's York distribution facility.

Institutional investors and financial analysts are invited to contact Samantha Alphonso at the Financial Relations Board at 212.827.3746 (salphonso@frbir.com) for more information.

The formal presentation will be available to the public, commencing around 12:30 pm ET, via a live Webcast at www.unfi.com. To listen to the presentation please visit the website at least 15 minutes early to register, download and install any necessary audio software. A replay of the event will be available within 24 hours.

About United Natural Foods

United Natural Foods, Inc. (www.unfi.com) carries and distributes more than 60,000 products to more than 17,000 customers nationwide. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods, Inc. was ranked by Forbes in 2005 as one of the "Best Managed Companies in America," ranked by Fortune in 2006 and 2007 as one of its "Most Admired Companies," ranked by Business Ethics as one of its "100 Best Corporate Citizens for 2006" and winner of the Supermarket News 2008 Sustainability Excellence Award.

For more information on United Natural Foods, Inc., visit the Company's website at www.unfi.com.

"Safe Harbor" Statement under the Private Securities Litigation Reform Act of 1995: Statements in this press release regarding the Company's business that are not historical facts are "forward-looking statements" that involve risks and uncertainties. For a discussion of such risks and uncertainties, which could cause actual results to differ from those contained in the forward-looking statements, including but not limited to general business conditions, the impact of competition and our dependence on principal customers, see "Risk Factors" in the Company's annual report on Form 10-Q filed with the Commission on June 11, 2009, and its other filings under the Securities Exchange Act of 1934, as amended. Any forward-looking statements are made pursuant to the Private Securities Litigation Reform Act of 1995 and, as such, speak only as of the date made. The Company is not undertaking to update any information in the foregoing reports until the effective date of its future reports required by applicable laws. Any projections of future results of operations should not be construed in any manner as a guarantee that such results will in fact occur. These projections are subject to change and could differ materially from final reported results. The Company may from time to time update these publicly announced projections, but it is not obligated to do so.

SOURCE United Natural Foods, Inc.

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