



United Natural Foods to Present at RBC Capital Markets Consumer Conference

September 26, 2006

DAYVILLE, Conn., Sept. 26 /PRNewswire-FirstCall/ -- United Natural Foods, Inc. (Nasdaq: UNFI) today announced that Michael Funk, President and Chief Executive Officer, and Mark Shamber, Acting Chief Financial Officer and Chief Accounting Officer, are scheduled to make a presentation regarding the Company on Wednesday, September 27, 2006 at the 2006 RBC Capital Markets Consumer Conference, to be held at the Grand Floridian Resort & Spa in Orlando, Florida.

The Company also announced that Mr. Funk will participate in a "Healthy Lifestyles" panel discussion that is scheduled to begin at 2:55 p.m. ET on Wednesday, September 27, 2006 and will be available to interested parties via a live audio webcast. The webcast can be found at the investor section of the Company's website at www.unfi.com, via the "Investor Relations" link. A replay of the webcast will be archived online for 30 days.

About United Natural Foods

United Natural Foods, Inc. carries and distributes more than 40,000 products to more than 20,000 customers nationwide. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores, independent retail operators and the food service channel. United Natural Foods was ranked by Forbes in 2005 as one of the "Best Managed Companies in America," ranked by Fortune in 2006 as one of its "Most Admired Companies," and ranked by Business Ethics as one of its "100 Best Corporate Citizens for 2006." For more information on United Natural Foods, Inc., visit the Company's website at www.unfi.com.

"Safe Harbor" Statement under the Private Securities Litigation Reform Act of 1995: Statements in this press release regarding the Company's business that are not historical facts are "forward-looking statements" that involve risks and uncertainties. For a discussion of such risks and uncertainties, which could cause actual results to differ from those contained in the forward-looking statements, including but not limited to general business conditions, the impact of competition and our dependence on principal customers, see "Risk Factors" in the Company's quarterly report on Form 10-Q filed with the Commission on June 8, 2006, and its other filings under the Securities Exchange Act of 1934, as amended. Any forward-looking statements are made pursuant to the Private Securities Litigation Reform Act of 1995 and, as such, speak only as of the date made. The Company is not undertaking to update any information in the foregoing reports until the effective date of its future reports required by applicable laws. Any projections of future results of operations should not be construed in any manner as a guarantee that such results will in fact occur. These projections are subject to change and could differ materially from final reported results. The Company may from time to time update these publicly announced projections, but it is not obligated to do so.

SOURCE United Natural Foods, Inc.

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