United Natural Foods to Present at BB&T Capital Markets Equity Research Conference

May 16, 2003

Michael Funk, Chairman of United Natural Foods, to Present

DAYVILLE, Conn., May 16 /PRNewswire-FirstCall/ -- United Natural Foods, Inc. (Nasdaq: UNFI) announced today that Michael Funk, Chairman of the Board of Directors, will speak to the investment community at the BB&T Capital Markets Equity Research Conference in Lansdowne, Virginia on May 21, 2003 at 8:35 a.m.

Interested investors can access a live audio web cast of the presentation at United Natural Foods' investor relations web site at www.unfi.com. A replay of the web cast will be available shortly after the live presentation and will be archived for 30 days.

About United Natural Foods

United Natural Foods, Inc. carries and distributes over 30,500 products to more than 11,000 customers nationwide. The Company serves a wide variety of retail formats including conventional supermarket chains, natural product superstores and independent retail operators.

For more information on United Natural Foods, Inc., visit the Company's web-site at www.unfi.com .

SOURCE United Natural Foods, Inc. /CONTACT: Rick Puckett, Chief Financial Officer of United Natural Foods, Inc., +1-860-779-2800; General Information, Joseph Calabrese, +1-212-445-8434, or Analyst Information, Vanessa Schwartz, +1-212-445-8433, both of FRB Weber Shandwick/ /Web site: http://www.unfi.com / (UNFI)