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NEWS RELEASE

iRhythm Holdings to Participate in Upcoming Investor Conferences

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SAN FRANCISCO, Nov. 06, 2026 (GLOBE NEWSWIRE) -- **iRhythm Holdings, Inc.** (NASDAQ: IRTC), a leading digital health care company with a mission to create trusted solutions that detect, predict, and prevent disease, today announced that it will participate in the following investor conferences.

- Jefferies Global Healthcare Conference in London on Thursday, November 19, 2026, at 11:00 a.m. GMT (3:00 a.m. PT)
- 9th Annual Evercore Healthcare Conference on Tuesday, December 1, 2026, at 2:10 p.m. ET (11:10 a.m. PT)
- Citi's 2026 Global Healthcare Conference on Wednesday, December 2, 2026, at 1:40 p.m. ET (10:40 a.m. PT)

Interested parties may access live and archived webcasts of the presentations on the "Events & Presentations" section of the company's investor website at **investors.irhythmtech.com**.

About iRhythm Holdings, Inc.
iRhythm is a leading digital health care company with a mission to create trusted solutions that detect, predict, and prevent disease. Combining wearable biosensors and cloud-based data analytics with powerful proprietary algorithms, iRhythm distills data from millions of heartbeats into clinically actionable information. Through a relentless focus on patient care, iRhythm's vision is to deliver better data, better insights, and better health for all.

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